

# DAYBREAK ALCOHOLISM TREATMENT FACILITY

## FACT SHEET

### THE PROGRAM

#### WHAT IS DAYBREAK ALCOHOLISM TREATMENT FACILITY?

DayBreak Alcoholism Treatment Facility (DATF) is the largest publicly funded private agency providing a whole system of care for the alcoholic: crisis care, detoxification, inpatient rehabilitation, community residence, supportive living and outpatient treatment.

#### HOW LONG HAS DATF BEEN IN BUSINESS?

DATF began as a detoxification unit in 1971. Its parent organization, the Health Association, began its advocacy and community work in 1917.

#### WHAT PROGRAMS WOULD BE MOVED TO A NEW SITE?

DATF needs to find a new home for four existing programs and one new/expanded program.

- \*1. Entry to Care - a 20 bed crisis center currently located at the Salvation Army on West Avenue provides a safe place for intoxicated people to sober up. It is staffed 24 hours/365 days a year by 17 Emergency Medical Technicians under the supervision of a nurse. During 1991, there were 3107 admissions for 1690 distinct individuals. The average length of stay was 14 hours and the average daily census was 8.
- \*2. Medical Detoxification Unit - a 14 bed treatment unit currently located at the Monroe Community Hospital provides active medical treatment to sober people who are suffering from alcohol withdrawal. It is staffed 24 hours/365 days a year by 17 nurses and other medical professionals (a physician, physician assistants and nurse practitioners). During 1991, there were 1123 admissions for 1043 distinct individuals. The average length of stay was 5 days and the average daily census was 14.
- \* In the new facility, these two units would be combined and expanded to serve people who are primary drug users. DATF is not currently licensed to treat primary drug users. Keep in mind that 90% of all current admissions are addicted to alcohol and other drugs. Because no one knows the number of "pure" drug abusers who might need crisis or detoxification services, the exact number of new beds is being developed by a consultant.
3. Rehabilitation Unit - a unique 38 bed sixty day inpatient treatment program for chronic alcoholics who have had multiple previous treatment experiences. It has maintained a 95% or better occupancy rate and currently has a waiting list of over 100. It is staffed 24 hours/365 days a year by 19 counselors and other medical and therapeutic professionals who are experienced in treating chemically dependent people. During 1991, there were 274 admissions and nearly 70% completed the program.
4. Comprehensive Outpatient Clinic - provides aftercare services to "graduates" of the Rehabilitation Unit, to clients of the Community Residence and Supportive Living Programs and to other members of the community who request outpatient services. This program is staffed during regular working hours by 9 counselors experienced and trained to work with recovering people. During 1991, there were 278 admissions and the average daily attendance was 53.



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### THE PEOPLE

#### WHAT KIND OF CLIENTS DOES DATF SERVE?

DATF provides service to chronic alcoholics over age 18 - 90% of whom were also addicted to other drugs as well; usually cocaine. Of those seen during 1991, 83% were male, 17% were female. While there were some differences between programs, 50% were Caucasian, 40% were Black, 7% were Hispanic and 3% were Native Americans. It is estimated that 24% were homeless and 35% were HIV+/AIDS infected. The majority of DATF clients have been treated at other facilities in the past.

#### HOW MANY CLIENTS WILL BE IN TREATMENT AT ONE TIME?

While the number of clients at Entry-to-Care may vary and the number of clients in the new program for drug users is unknown, the following data is based on experience:

Entry-to-Care	=	8	average	daily	census
Medical Detoxification Unit	=	13	"	"	"
Inpatient Rehabilitation	=	38	"	"	"
Outpatient Program*	=	54	"	"	"
total known clients	=	113	"	"	"
Estimated new clients	=	17	"	"	"
total possible clients	=	130	"	"	"

\* very very few clients own cars

#### HOW MANY STAFF ARE ON THE PREMISES AT ONE TIME?

During the regular business hours, there will probably be 55 to 60 staff members at work. There are two or three who take the bus to work. In the evenings and on weekends, there will be less staff. Combining the current Entry-to-Care and the Medical Detoxification Unit at one site may lessen the combined staff. This reduction will most likely be offset by the development of services for the drug abusing population.

#### WHAT'S THE STAFFING LIKE IN THE EVENINGS AND AT NIGHT?

Entry-to-Care likes to have 4 staff on so that the van will be available to respond to calls from the community. The Medical Detoxification Unit usually has two nurses and an aid on during the evening hours. With the consolidation of these two units and the addition of increased crisis beds, there may very well be little change in the staffing pattern. The Rehabilitation Unit has two aids who come in at 7 or 8 and leave in the early morning.



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THE PLACE - #1

WHY DOES DATF WANT TO MOVE?

DATF is located at the Monroe Community Hospital and the hospital wants that space to expand their services to their elderly and chronically ill patients.

IS THAT THE ONLY REASON THAT DATF WANTS TO MOVE?

DATF also wants to combine the Entry-to-Care program located at the Salvation Army on West Avenue with the Detoxification Unit located at Monroe Community Hospital and needs more space to do that. In addition, DATF wants to respond to a community need by providing crisis services to primary drug users and needs more space to do that as well.

ENTRY-TO-CARE SEEMS TO SEE MANY PEOPLE. WHERE DO THEY COME FROM? HOW DO THEY GET THERE? WHERE DO THEY GO? WHAT MEANS DO THEY USE TO LEAVE THE FACILITY?

A recent survey of forty-three admissions during a very busy three day period indicated the following:

Admissions

From the City 29 From Bull's Head Area 14 Total = 43  
=====

Arrived by:

DATF van	21
Bus or Taxi	5
Family/car	4
Walked	<u>13</u>
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Total	<u>43</u>

Depart by:

DATF van	12 (to the Med. Detox.)
Bus or Taxi	3
Family/car	1 (AA contact)
Walked	<u>19*</u>
Work	<u>8</u>
	<u>43</u>

\*A total of only 6 persons walked from the neighborhood.

Of those 43 admissions, 27 were identified by staff as "regulars": clients with multiple admissions - sometimes daily. Of those 27, 9 were from the neighborhood.



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#### THE PLACE

#### WHAT IS THE CONNECTION BETWEEN THIS PROPOSAL AND THE ST. MARY'S DEVELOPMENT?

There are two connections. DATF has had a long standing positive relationship with St. Mary's Hospital Emergency Department, as well as our mutual commitment to quality care for everyone. Secondly, at the end of January, 1992, DePaul Properties, Inc. expressed an interest in working with The Health Association and DATF, they were counseled by the City of Rochester Staff to collaborate with St. Mary's Hospital and then present the City with one proposal.

#### HOW BIG WILL THIS NEW BUILDING BE?

Right now DATF has 30,000 square feet at Monroe Community Hospital for the 38 bed Inpatient Rehabilitation Unit, the Outpatient Program and the 15 bed Medical Detoxification Unit. Entry-to-Care has 2800 square feet for the 20 bed sobering up or crisis unit located at the Salvation Army. These units are very crowded and have failed to meet regulatory standards. DATF has planned for a 45,000 square foot facility.

In addition, DATF wants to provide crisis and detoxification services to the primary drug abuser. A consultant is working with DATF to determine how many extra beds would need to be added to take care of this new group of clients. The additional space needs for these services have not been determined.

#### WHY WAS THE WEST MAIN STREET SITE SELECTED?

DATF is committed to Rochester clients whose long history of alcohol and drug abuse has left them without many resources - hence a need to be accessible by bus. Because of a close working relationship with St. Mary's Hospital, a site near the hospital would be ideal.

A sample of 1400 admissions to DATF during the summer of 1991 indicated the following distribution by the top five zip codes. This report was developed for a presentation to the settlement house directors in anticipation of a closer working relationship. The chart on the next pages indicates a significant number of admissions come from the 14611 zip code.

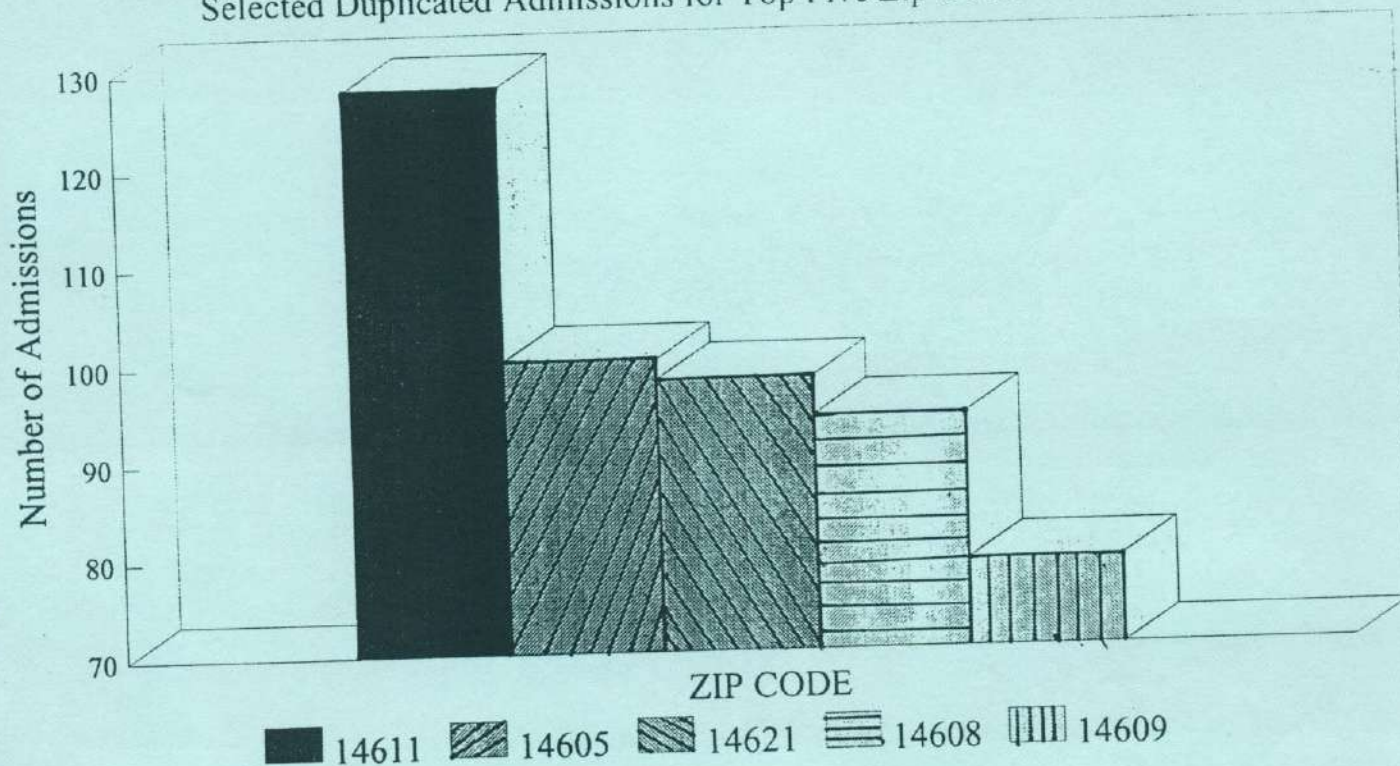


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THE PLACE - #2

DayBreak Alcoholism Treatment Facility of The Health Association  
Selected Duplicated Admissions for Top Five Zip Codes for Summer 1991



Total of 1400 admissions, 263 with no permanent address

HOW MANY PARKING SPACES ARE BEING PLANNED?

The initial plan was for 80 parking spots; more than enough for the 55-60 staff who would be working at any one time.

HOW WILL ALL OF THIS BE PAID FOR?

DATF currently spends over \$400,000 for rent at the Monroe Community Hospital and the Salvation Army. These dollars would be used to pay lease payments to the developer: DePaul Properties, Inc. The difference between the current rental payments and the new lease payments of \$450,000 would be made up from increased revenue in outpatient activity. DePaul Properties, Inc. has indicated that they will seek to have the entire project funded by Monroe County Industrial Development Bonds.



client  
payments upon  
charge from  
ATF:

I feel this program has been an essential part of building a foundation for the process of my recovery. I will miss Socialization Day. I am proud to be a part of Daybreak.

NAME

DATE

November 6, 1991

COMMENTS:

I Love the Day BREAK Program it work if you live it  
it Give me a new life of ~~new~~ hope AND ~~praying~~ that  
God Bless All STAFF COUNSELOR <sup>ALL</sup> the client Thank you Day BREAK  
John DON LAURIE ANN ROSARIO NURSING FOR ALL YOU DID FOR ME  
DOREEN DIANA ALL KITCH STAFF BY For Now Good Luck <sup>Diane my YAW WANT TO</sup>

Comments: Well I have become very aware of my problems not only my liquor problem. And the Counselor are a great group of people. They I showed me, how to face reality, and my self.

Comments:

I feel very happy In this Community. I got a opportunity to make new friends. My body treated me with respect. I am Grateful to the Counselor, for there understanding and support.

Comments: I truly enjoyed my time here. Coupled with the fact that this program has not only taught about myself, but how to continue to discover me. In comparison to my last rehab, I feel entirely different. I feel that I've been more honest as to what I want out of treatment and going for it. The attitude of progression to live a sober life has been instilled in me. I've learned that there is a power greater than myself. I pray that in recovery that I remain conscious of His Grace & Mercy. I like what I see of myself now. And I can live soberly with me. This program has given me back the will to live.

NAME

DATE

September, 1991

NF/bw  
2/91



Comments: I cannot thank this staff enough in how supportive, sensitive, and caring to help me thru this first step of my recovery. God Bless you all for a job well done.

Comments: I've been to other rehabs and I didn't experience the love & caring, I feel in this place. I'm really impressed by the staff here they are Genuin & Sincere.

Comments: I found this program wonderful. The staff is caring and works very hard to meet clients needs.  
Wants

Comments: I have belief in myself. It give me a sense of direction and control over my life. These ingredients give me a long way and increase my feeling of selfworth.

NAME

DATE

11-6-91

Comments: I have come a long way in this program and I had the best help of all staff members and my peers. I love you all, and keep up the good work.

DATE

2/20/92.

COMMENTS: MY STAY HERE HAS BEEN VERY REWARDING. I HOPE FUTURE CLIENTS APPRECIATE DAYBREAK AS MUCH AS I DO. THIS FACILITY AND ITS STAFF HAS HAD A PROFOUND AND LASTING EFFECT ON ME. I'LL BE ETERNALLY GRATEFUL TO DAYBREAK !!!

Comments: I would like to thank Day Break for all of their support in here. I really appreciate it to the best of my ability.  
Thanks.